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SARA AMATO/REDEYE ILLUSTRATION

Wednesday
NOVEMBER 11, 2015

★ **FREE** ★

A Chicago Tribune
publication

BIG TEN THEORY

EXPLORING WHICH TEAMS IN THE
CONFERENCE ARE HOT AS THE SUN
AND WHICH ONES ARE, WELL,
MORE LIKE PLUTO 10-12

Do's and don'ts of thanking veterans **6** So many reasons to check out 3 Arts Club Cafe **17**

BY SAMANTHA NELSON FOR REDEYE | REDEYE@REDEYETCHICAGO.COM » GET MORE SPONTANEOUS EAT, DRINK, DO, IDEAS AT REDEYETCHICAGO.COM



EAT

DINNER & A MIXTAPE

Lowcountry 3343 N. Clark St. 773-996-9997

Share a family-style seafood boil with cornbread, Cajun fries, beignets and buckets of beer while listening to music from DJ Neil Armstrong. 7 p.m. \$50. Tickets: dinnerandamixtape.chi.splashthat.com



DRINK

DIA DE LOS MUERTOS TEQUILA DINNER

Antique Taco 1360 N. Milwaukee Ave. 773-697-7142

A three-course dinner includes a flight of Casamigos tequila and cocktail pairings such as mushroom fajitas with a pumpkin margarita and tres leches with an anejo old fashioned. 6:30 p.m. \$40. Reservations required: events@antiquetaco.com

WINTER COCKTAIL DEMO AND TASTING

Fountainhead 1970 W. Montrose Ave. 773-697-8204
Learn how to make Irish coffee and hot toddies and sample The Irishman Whiskey's 12 year, founder's reserve and single malt varieties. 7 p.m. \$10. Tickets: fountainheadchicago.com

3-DAY FORECAST



WEDNESDAY

62/44
Stormy, warm



THURSDAY

56/45
Rainy day



FRIDAY

44/39
Snow joke

DO

SOUND OPINIONS AT THE MOVIES

Music Box Theatre 3733 N. Southport Ave. 773-871-6607

Music critics Greg Kot and Jim DeRogatis introduce a screening of Robert Altman's satire about the music industry, "Nashville." 7:30-10:30 p.m. \$12-\$15. Tickets: sndo.ps/so-nashville



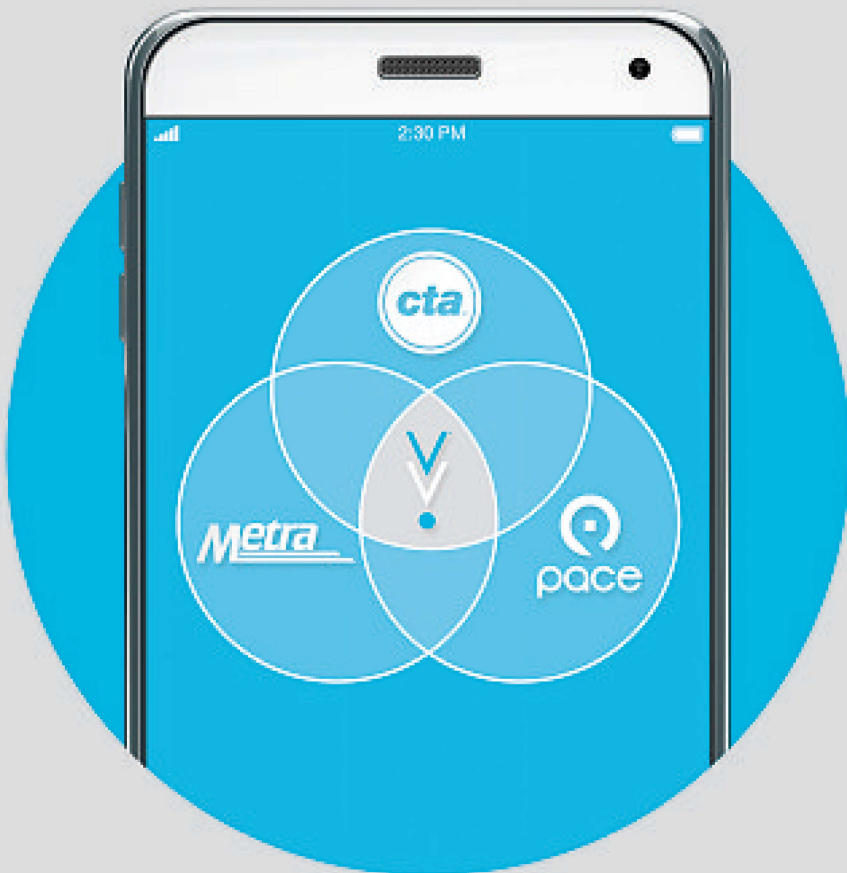
MUSIC TO END HOMELESSNESS CONCERT

Thalia Hall 1807 S. Allport St. 312-526-3851

Singer-songwriters Ryley Walker and Sandra Antongiorgi perform to raise money for the San Jose Obrero Mission. 9:30 p.m. \$15. Tickets: thaliahallchicago.com

HAPPY HOUR OF THE DAY

Mac's Wood Grilled (1801 W. Division St. 773-782-4400) offers half-price sour ales from 4-7 p.m.



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The Leonor

The pan con chicharron, with pork belly, sweet potato, garlic mayo, kabayaki glaze and salsa criolla, from Tortas Cocas (\$9), paired with Mexican-style corn on the cob from Machefer Taqueria or Parmesan truffle fries from Burguesa (\$4 each).

Total before tax/tip: \$13

5 Latinicity lunch combos under \$15

By Heather Schroering | REDEYE

Your lunch options in the Loop just got a whole lot better. Latinicity, a new food court with street food inspired by Latin America, Spain and Portugal from world-renowned chef Richard Sandoval, opened last week in Block 37 (108 N. State St. 312-795-4444). The eatery features 12 food stands, a full-service tapas restaurant, a coffee bar, a booze bar and grocery. Some have compared it to Italian superstore Eataly in River North, but there's one major difference—most of the menu options at Latinicity are priced under \$10. Seriously. RedEye staffers went on a hunt for five lunch combos under \$15. Here's what we found (named after each staffer's creation). HSCHROERING@REDEYECICAGO.COM | @OHITSHEATHER; HEATHER SCHROERING/REDEYE PHOTOS



The Pescatarian

The angry tuna sushi roll, with spicy yellowfin tuna, avocado, cucumber, green onions, wasabi tobiko and chipotle rouille, from the sushi and ceviche bar (\$9) with escalivada style vegetables from Saladero Latin Grill (\$5).

Total before tax/tip: \$14



The Rianne

The Peruano, a Vienna hot dog with spicy mayo, salsa criolla and corn nuts, from burger and hot dog stand Burguesa (\$6) with crispy calamari from Mariscos (\$8).

Total before tax/tip: \$14



The Emma

Chicken tinga tacos from Machefer Taqueria (\$3 each) with butternut squash soup from the sopas stand (\$6).

Total before tax/tip: \$12



The Heather

Smoked corn empanada (\$3), yuca con mojo (\$5) and caramelized plantains in honey-chipotle butter (\$4) from Saladero Latin Grill, which had the most vegetarian and combo options.

Total before tax/tip: \$12

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YOUNG MONEY

Carolyn Bigda

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If you are already thinking about your holiday wish list, consider this for an idea: a contribution to a 529 college savings plan.

A 529 gift can pay off big for college students, whether they are attending school this year or a decade from now. And thanks to new tools, it's becoming easier to

make such gifts.

"In the early days, you always needed the account number in order to make a gift," said Mary Morris, chair of the College Savings Foundation, a nonprofit that works to build public awareness about 529 plans, and chief executive of the Virginia 529 College Savings Plan.

But now it can be done electronically, "no account number required," she said.

Worried that your loved ones will be upset about not giving the usual sweater or trendy toy? Don't be.

A 2014 study by Fidelity Investments found that 90 percent of grandparents said they would likely contribute to a grandchild's college savings fund in lieu of other gifts if asked.

"With people funding all sorts of things through crowdsourcing, asking friends and family to contribute to a 529 plan has become more acceptable," Morris said.

So how do you make it easy for loved ones to contribute? Read on.

Create a website. In the past, you generally had two options. You could ask for a check and deposit the money into a 529 plan yourself, or send your account information to friends and family. The first required gift givers to trust that the money would be put toward college savings, and the second required you to share personal information.

As a solution, some 529 sponsors have

been rolling out gift registries and other online tools with minimum contribution amounts as low as \$25.

Starting last year, Fidelity Investments, for example, introduced the option for 529 account holders to create a personal Web page through which gifts are made electronically.

The website is customizable. You can include a picture and details, like what the prospective student wants to study in school.

A link to the site can then be shared by email, party e-vite or social media. When gifts are made, funds are taken electronically from the giver's bank account and deposited into the 529 plan.

There are no fees, and contributions have been substantial, averaging just over \$450, according to Keith Bernhardt, vice president of college planning at Fidelity.

If you don't have a Fidelity account, you can create a website through third-party provider GiftedPath. The company works with select 529 plans to deposit funds directly into accounts. If you don't have a participating plan, the site will send contributions electronically to you.

It's free to sign up and create a website, but gift givers are charged a small fee when making a contribution.

Send a gift code. Other 529 plans may require you to provide friends and family with a gift code so that the money is deposited into the correct account.

In other cases, gift givers may still have to print out a coupon and mail a check to the 529 plan sponsor. An account number is not always necessary, but they will need to know the beneficiary's name and date of birth.

Sharing at least that information may be worth it, though.

"If you can get friends and family to put money in, even small amounts over time will make a big difference," Morris said.

"YOUNG MONEY" RUNS IN PRINT EVERY WEDNESDAY ON PAGE 4. CAROLYN BIGDA WRITES THE CHICAGO TRIBUNE'S WEEKLY "GETTING STARTED" COLUMN, COVERING PERSONAL FINANCE TOPICS FOR 20-SOMETHINGS. SHE ALSO IS A CONTRIBUTING EDITOR AT KLIPLINGER'S PERSONAL FINANCE.

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Members of the U.S. Air Force carry a flag during the annual Veterans Day parade in New York last year. EPA FILE

How to thank a veteran

By Rianne Coale | REDEYE

Veterans Day is a day to celebrate and thank U.S. military veterans for their service to our country. While civilians may want to show their gratitude and appreciation for these brave men and women, many aren't sure how or what's appropriate. Six Chicago veterans, representing three of the five armed service branches of the U.S. Armed Forces, weighed in on what they do and don't appreciate when it comes to being thanked for their service.

PAYING FOR MEALS OR DRINKS

When it comes to food and drinks, is it OK to pay for a veteran's meal or buy them a cup of coffee? Is there a more appropriate time to do it, and should you do it anonymously? From the veterans I talked to, many appreciate the kind gesture but don't feel it's expected.

"It feels weird if someone comes up and asks to buy my meal or coffee. There was no draft. I

chose to serve, so I don't feel someone should buy me lunch because I made that decision," said Eric Potter, a 32-year-old Army veteran now in the reserves. "If they did it anonymously, then yes, I'd accept it, but if they ask me ahead of time, I would probably decline their offer even though it's greatly appreciated."

"I think every veteran reacts differently. While some like to have dinner or coffee paid for, others—myself included—felt honored

just to serve," 33-year-old Army veteran Mariceli Serrano said in an email. "While I won't push away the paid for coffee, (because that would be rude) I don't feel that anyone owes me anything."

"If someone wants to pay for your drink or meal and are doing it out of genuine gratitude, I don't see a problem with it," said Dusty Schmit, a 36-year-old Army veteran. "The best time to do it would probably be after the person orders their food or drink."

SAYING 'THANK YOU FOR YOUR SERVICE'

If you see a veteran, is it OK to simply say, "Thank you for your service"? While some feel that the phrase has become somewhat of an empty gesture, many think it's a more-than-appropriate way to show your gratitude.

"The feeling I get is that some people are

very thankful and try too hard to express this," 46-year-old Army veteran Jose Vega said. "Most should stop at, 'Thank you for your service.' This small gesture sincerely means a lot and is very nonintrusive in regard to the subject of war, which is reserved for those who have shared the same experiences."

"A pet peeve of mine is people thanking veterans for their service on Memorial Day," Schmit said. "Veteran's Day is for thanking living veterans for their service, and Memorial Day is for honoring the soldiers who've died in service to our country."

"The folks in the service are special," said Mike Steiner, 54-year-old Navy veteran and Right at Home Northern Lake County owner. "Recognize them. Say hello. Say thank you. They appreciate it. If you go up to them and say, 'Thank you for your service,' you're going to put a smile on their face."

“The folks in the service are special. Recognize them. Say hello. Say thank you. They appreciate it. If you go up to them and say, ‘Thank you for your service,’ you’re going to put a smile on their face.”

—**Mike Steiner**, 54-year-old Navy veteran and Right at Home Northern Lake County owner

“I would prefer, if you were interested, to be asked questions about my service rather than hear you say, ‘Thank you for your service,’” 29-year-old Coast Guard veteran Janine Siegal said.

SALUTING VETERANS

Saluting is often misrepresented in movies, making civilians think that saluting a veteran is an appropriate gesture, our veteran sources told us. Well, it’s not.

“The issue with saluting veterans is if you’re a civilian, you really shouldn’t be doing it,” Siegal said.

“In the military, saluting is a part of ceremony and it’s very prescriptive. If you’re not in uniform, you can’t salute,” Potter said. “The sentiment is important, but sometimes it just feels awkward to have someone do it to you.”

“It’s part of our military drill and ceremony and unless it’s a child doing the saluting (cute), many of us cringe deep down inside when we see awkward improper salutes, especially in Hollywood movies,” Serrano said.

QUESTIONS/GESTURES THAT ARE INAPPROPRIATE

While it’s good to show a level of curiosity about a veteran’s service by asking questions like “Why did you join the military?”, there are many questions and gestures that are inappropriate and can leave a veteran feeling uncomfortable and upset.

“The inevitable questions are, ‘have you ever killed anyone?’ ‘How many people have you killed?’ Those questions are wildly inappropriate,” Schmit said. “Also when civilians say, ‘I would have joined the military, BUT ...’ it’s really irritating and insulting to the people who did join.”

“I had told the guy I was on a date with that I was in the military for a little while. Before anything happened, he said, ‘So could you kill me?’ How do you find it OK to ask that

question?” Siegal said. “I think there is a stark contrast between how female and male veterans are treated by the general public.”

“... I’ve had someone ask me if I was raped or sexually assaulted in the military. They are extremely uncomfortable questions that some people feel are OK to ask you,” Siegal said. “I’ve found that older people are more respectful, but I think the younger generation has a lack of sensitivity toward those subjects.”

‘THANK YOU’ ALTERNATIVES

If you don’t feel that a simple “Thank you for your service” is enough, there are many other ways that you can show your appreciation for veterans.

“I think the act of reaching out, getting to know some vets and welcoming them back into the community is a lot more meaningful than buying a vet a cup of coffee,” Potter said. “There are a lot of Millennials who went off to war at 18 and now they have very little in common with their peers. Playing a game of kickball, volunteering, grabbing a beer and creating a real relationship with a vet is a more effective way to say thanks, in my opinion.”

“I would say civilians approaching veterans with respectful curiosity goes a long way with a lot of people. If you’re interested in hearing about my time in the military, I appreciate those questions a lot,” Siegal said. “I also would like places of employment to consider making Veterans Day a mandatory day off, so we can all go home and be with the people who served.”

“I think that people can show their appreciation by contributing to Disabled American Veterans or their local VFW [Veterans of Foreign Wars],” Schmit said. “It’s always nice when someone finds out you’re a veteran and shakes your hand.”

“Visit one of the many activities being hosted by veterans this month. Listen to our stories if we want to tell them. Show us respect by not asking intruding questions, such as ‘Have you ever killed anyone?’ Treat us like we’re human because, after all, we are,” Serrano said.

VETERAN SUPPORT ORGANIZATIONS

Team Red, White & Blue is an organization looking to enrich the lives of America’s veterans through physical and social activity. They have a Chicago chapter that holds weekly local events for veterans and community members. Civilians and veterans can join for free, and it’s all about being active and getting out of your comfort zones.

“We’re all supporting one another together. Where would we be without it? It’s a great networking opportunity and a great group of people looking to inspire one another,” said Mike Goranson, Team RWB Chicago chapter director and Marine Corps Purple Heart veteran.

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TREATMENT OVER JAIL

COMMUNITY'S POLICE OFFER HELP TO HEROIN ADDICTS WHO ASK FOR AID

By John Keilman | CHICAGO TRIBUNE

Katelynn Lahman had just fired a shot of heroin into her arm when she decided to call her hometown's chief of police.

Lahman, 20, had been on heroin for nine months. She finally decided to seek help, she said, but was unable to find a place that would take her.

"[The police chief] was like, 'What if I tell you I can get you into a detox tomorrow morning?'" Lahman recalled. "I said, 'OK, that's fine.' So literally, 8 o'clock in the morning, I go to detox because [police] show up."

So began this small town's radical reimagining of how police can best fight the growing scourge of heroin addiction. Following a model created in Gloucester, Mass., cops in Dixon, Ill., fast-track a user into treatment if he or she comes to them asking for help. They'll even dispose of the person's drugs or paraphernalia without pressing charges for possession.

The idea is catching on among departments in the Chicago area. Rolling Meadows police introduced a similar program earlier this month, and other suburbs plan to roll out their own versions soon.

So far, about two dozen people in Dixon and surrounding Lee County have taken the offer since late August. Police Chief Danny Langloss said that the results have been mixed, and that he expects many of those who enter treatment with the help of police to relapse.

But he said that won't affect his department's willingness to continue to help those in the grip of addiction.

"They're a person," he said. "They just need help. And what we've done for years hasn't helped."

DIXON'S PROBLEM

The problem in Dixon, a city of 15,000 about 100 miles west of downtown Chicago, reached a dreadful peak in February, when three people died of heroin overdoses within two weeks. Langloss and Lee County Sheriff John Simonton decided it was time for law enforce-



Katelynn Lahman sits inside her parents' house in Dixon. She has overdosed twice on heroin and is hoping to come clean for good. ABEL URIBE/TRIBUNE

ment to try the approach developed by Gloucester police Chief Leonard Campanello. He announced in May that people who brought their drugs and needles to the police station and asked for help would immediately be ushered into treatment at a local rehab facility.

Since then, Campanello says, 260 people have gone through the program.

HOW IS THE PROGRAM BEING RECEIVED?

The idea has spread rapidly on the East Coast, but Dixon and Lee County appear to be Illinois' first adopters.

The offer isn't open to people who have been freshly arrested—the theory is that those who seek help on their own will be more likely to succeed in treatment—and it doesn't erase any warrants or pending charges an addict might have.

Simonton, though, said prosecutors are willing to postpone the courtroom reckoning until after the person has completed treatment. And should the

person relapse, he said, the authorities are happy to lend a hand once more.

"We realized going into it that we were not going to have that success rate the first time through," he said. "... If they still have the drive and the willpower, we'll help them through it."

WHO PAYS FOR THE TREATMENT?

Neither Dixon nor Lee County pays for an addict's stay in treatment, leaving that to private insurance, state funds or Medicaid. Rehab centers also sometimes pick up the cost.

Yet as more departments adopt similar programs, Langloss worries that the state's treatment capacity won't be able to meet the demand.

"There are woeful gaps in funding for these individuals, and it does burden centers," said Mary A. Petersen of the UnityPoint Health Robert Young Center

in Rock Island, which has accepted seven patients from Dixon. "It's much more cost-effective [to treat addicts] than for the government to incarcerate them and not treat the cause."

IS THE PROGRAM HELPING?

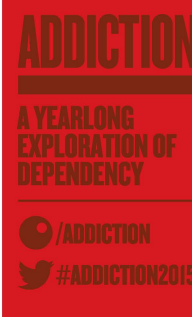
It's too early to gauge how Dixon's program has affected its crime rate, or even to predict the long-term success of its participants. But Lahman said the Police Department's intervention has clearly set her on a better, albeit bumpy, path.

Her mother, Kathy Ketchum, said while there's still tension around the house, her daughter appears to have made great strides in her recovery.

"I'm very grateful for this program," she said. "If it weren't for this, the only option I would have had was to wait for the phone call to get the pine box."

HOW DOES IT WORK?

An addict who comes to the police station asking for help can turn in his or her drugs and paraphernalia without being charged. Police then call volunteers—some former drug users themselves—known as Safe Passage guides, and those volunteers come to the station to help explain the program and fill out an intake form. Once that's done, two volunteers drive the addict to one of several rehab facilities that have agreed to give priority to people coming from Dixon and Lee County. The entire process takes as little as two hours, compared with wait times that often last for months for uninsured people trying to get into treatment on their own.



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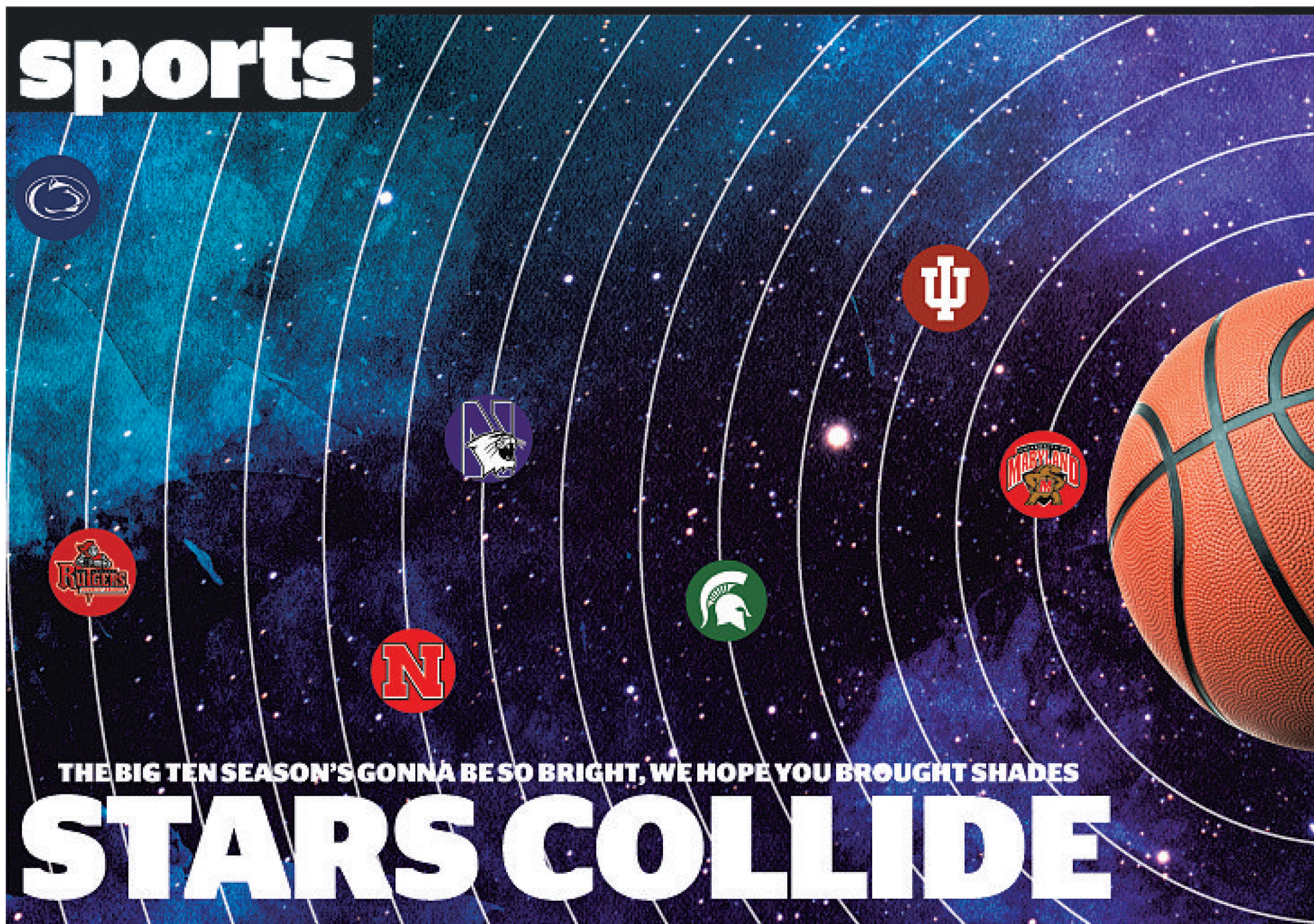
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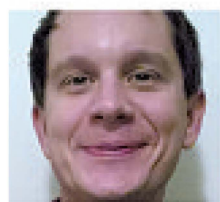
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THE BIG TEN SEASON'S GONNA BE SO BRIGHT, WE HOPE YOU BROUGHT SHADES STARS COLLIDE



Paul M. Banks

✉ redeye@redeyeohio.com
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With the 2016 Final Four set to take place in Houston, America's "Space Coast," RedEye goes extra-terrestrial in previewing Big Ten basketball this season.

Coincidentally, "Star Wars" mania hits its peak next month, meaning space really is the place. Much like last

season, the Big Ten boasts one team projected to "make the Kessel Run in less than 12 parsecs" (i.e. they're a national title contender), then a group of about six or seven teams that could potentially blow up your bracket like Luke Skywalker did the Death Star.

(Teams listed in order of predicted finish.)

1. MARYLAND

Talent-wise, the Terrapins are rich like a Maryland crab and brie bisque. **Melo Trimble** and Diamond Stone form an elite inside-outside combination that will be as fun to watch as their names are to say.

QUOTABLE

"It's kind of all come together for us this year with the talent. And now we've got to do it, of course, on the floor."
—Maryland coach Mark Turgeon

SPACE STATUS

Solar storm
Like that kid in the viral video said, "I like turtles" to win the league and the whole shebang. Maryland has the league's most recent national title, 2002, when it was still in the ACC.



2. PURDUE

Few teams in the nation, let alone the Big Ten, have the size and defensive capabilities to match up with the Boilermakers.

Adding 6-foot-9 McDonald's All-American Caleb "Biggie" Swanigan to a front-court with 7-footers A.J. Hammons and Isaac Haas means Purdue will dominate on the glass.

Defense is embedded in the Boilermakers culture as Purdue has claimed six of the past 15 Big Ten Defensive Player of the Year awards.

QUOTABLE

"We're not saying something different than somebody else over here is saying. It's five guys, it's not football; we're not running flea flickers."
—Purdue coach Matt Painter on his defensive philosophy

SPACE STATUS

Sun spot

If Hammons doesn't win league defensive player of the year, then guard Rapheal Davis might. It's difficult to beat a team that gives opponents 40 minutes of hell on the defensive end.

3. INDIANA

The Hoosiers will be fun to watch again this season, as they have a plethora of top-notch scoring guards. Adding blue chip big man Thomas Bryant means they'll play more orthodox lineups.

The problem is coach Tom Crean's teams rarely live up to their talent. Given all the recruiting accolades of the players on the roster, they should make the program's first Elite Eight in 13 years.

QUOTABLE

"It's the Kentucky of the Big Ten."
—Michigan State coach Tom Izzo, summarizing Indiana's brand



SPACE STATUS

Solar orbit

Sometimes the only adjustments Crean makes at halftime involve his pants. His X's and O's deficiencies will cost IU a couple of games.

4. WISCONSIN

The farewell tour for coach Bo Ryan, unless it's not. Ryan said he'll retire but also left the door ajar.

The Badgers lost a ton of talent and experience, but Ryan always finds a way. Perhaps we'll miss his press conferences the most, as he usually enlivens an almost always dull, tedious medium.

QUOTABLE

"This job takes it out of you. We all have moments where you see somebody and say, 'He's tired' or 'He's not quite into it.' [Ryan] doesn't have that. He has energy. He's on those guys." —Purdue coach Matt Painter on Bo Ryan

SPACE STATUS

Mercury

Ryan has finished in the Top 4 of the Big Ten every year of his career. Meaning Wisconsin would thrive in a hoops equivalent of the UEFA Champions League.

5. MICHIGAN STATE

It doesn't matter where MSU is projected now; the Spartans will end up on top come March. Michigan State usually has an ugly loss or two early on, but they own the spring.

QUOTABLE

"Last year we were the worst free-throw shooting team in captivity." —Spartans coach Tom Izzo on his team's foul-shooting issues

SPACE STATUS

"Moonraker"

MSU is the James Bond of the Big Ten. They're in the elite class, always in danger at the beginning and middle but always predictably

triumphant in the end.

6. MICHIGAN

A few core players, including **Spike Albrecht** (two hip surgeries), Caris LeVert (broken foot) and Zak Irvin (back), return convalesced but with something to prove. Coach John Beilein has a wild card in Ann Arbor.

QUOTABLE

"They say some great leaders, they're always worried [about] what the enemy is doing. I could be one of those guys who thinks about all the things that could go wrong." —Michigan coach John Beilein, sounding like the Obi-Wan Kenobi of the Big Ten

SPACE STATUS

Lunar orbit

LeVert is arguably the league's best future NBA talent, and he'll lead Michigan to a finish much better than last year's 16-16.

» CONTINUED ON PAGE 12



« CONTINUED FROM PAGE 10

7. OHIO STATE

An uncharacteristic spot for the Buckeyes, but they'll be back in the upper half of the league come 2016-17. One of the youngest teams in the nation, coach Thad Matta will find a way to beat a couple of ranked teams.

QUOTABLE

"We have no seniors, so everyone on the team is 19, 20 years old. I feel like just because we're so much closer in age, that made us bond even more."

—Buckeyes forward Jae'Sean Tate

SPACE STATUS

Back to Earth

The Buckeyes were really hurt by D'Angelo Russell declaring early for the NBA Draft.

8. NORTHWESTERN

We heard "1908" ad nauseam this baseball postseason with the Cubs. The college basketball version is Northwestern, which never has made the NCAA tournament. By now this narrative might make your eyes roll. Coach Chris Collins has a good rebuilding role model in Cubs President Theo Epstein, and just like with the Cubs, it may be Year 4 that the master plan shows real progress.

QUOTABLE

"If we go out and play with 70-plus years of not going to the tournament on our shoulders, we're gonna crack. That's not what I want for this team."

—NU coach Chris Collins on the school's NCAA tournament drought

SPACE STATUS

Grounded

Led by Romanian 7-footer Alex Olah, whose name opponents often mispronounce as "Olaf" from Disney's "Frozen," the Wildcats return 88 percent of their points and 78 percent of their rebounds from last season. Even if they miss the tourney, it's time to "Let It Go" with that storyline.

9. NEBRASKA

Win or lose, the best coach in the news conference game is Tim Miles, who opened his Big Ten media day time with, "I'm just here so I don't get fined." He'll need that sense of humor to get through this season, as the Cornhuskers lost a lot of players from their roster.

QUOTABLE

"If I would have known all I had to do was turn on 'Soul Train' and he would dance, I would have done it."

—Nebraska coach Tim Miles, on former Wisconsin center Frank Kaminsky's famous dance skills



Northwestern center Alex Olah puts a move on Indiana guard Nick Zeisloft.
CHRIS SWEDA/TRIBUNE FILE

SPACE STATUS

Terra firma

Pinnacle Bank Arena is the finest basketball venue in the Big Ten; expect the Huskers to nab a couple of upsets at home in what will otherwise be a long season.

10. IOWA

The Hawkeyes will miss Aaron White, a guy you love if he's on your team and hate if he's on the opposition. They do return Adam Woodbury, a more polarizing and controversial player.

Like the 007 franchise taught us, you're judged by the power of your enemies.

QUOTABLE

"There are probably nine or 10 teams that deserve to get in [the NCAA tournament from the Big Ten],

but if we keep beating each other up, then we may get less teams in."

—Iowa coach Fran McCaffery

SPACE STATUS

Martian

You know those preseason exhibition games every team schedules

against weaker, smaller schools? Iowa actually lost the one it hosted, to Augustana.

11. MINNESOTA

A Pitino is making all the college basketball headlines this preseason, but it's not Minnesota coach Richard Pitino. Minnesota wouldn't want the kind of attention Pitino's father, Louisville coach Rick Pitino, is receiving anyway. Richard must have the best agent in the business; he was given a long, lucrative contract extension recently. Though the only thing he's accomplished is an NIT "championship."

QUOTABLE

"I think when you win the NIT, people get excited because of what it could lead to. If it doesn't lead to anything, people don't get as excited."

—Minnesota coach Richard Pitino

SPACE STATUS

Jupiter

It's trendy to pick this team 13th, but I'll give the younger Pitino a little more credit.

12. ILLINOIS

Even at full strength, Illinois was about a ninth-place team on paper. That's consistent with the past four seasons. Now there have been injuries, suspensions, dismissals and recruiting whiffs. The depleted roster is part misfortune, part coach John Groce's recruiting failures.

JUST HEATING UP

RedEye has even more college basketball tastiness coming in Thursday's edition. That's when we'll preview Chicago State, Loyola, DePaul and UIC—and there will be pizza involved.

"Next man up" is meaninglessly trite, but it encapsulates the snakebitten Illini.

QUOTABLE

"I tried to make sure when I got up out of bed this morning that I didn't trip over anything; [I] tried to remain healthy between the walk from the hotel room down the elevator here to the press conference."

—Illinois coach John Groce at Big Ten media day

SPACE STATUS

Uranus

"Illini NCAA Tournament Bubble Watch" stories are just as cliché as "next man up." You won't see that narrative this season.

13. RUTGERS

The Scarlet Knights upset eventual national runner-up Wisconsin last year, so they have potential. However, their persistent losing is baffling when you consider how coach Eddie Jordan has nine years' NBA coaching experience. He'll try and retool this year with seven new players and a different offensive system.

QUOTABLE

"That's one more than last year."

—Rutgers coach Eddie Jordan, joking at media day upon realizing he was asked a question

SPACE STATUS

Dwarf planet Pluto

The lyrics to Wham!'s "Careless Whisper" sum up this Rutgers basketball season: "There's no comfort in the truth/Pain is the whole you'll find."

14. PENN STATE

It's understandable how Ed DeChellis, the predecessor to current coach Patrick Chambers, left Penn State for Navy. Some decent recruits are on the way, but the Nittany Lions take a step back this season as they'll sorely miss D.J. Newbill.

QUOTABLE

"I think sometimes we fear what we look like. We fear what they might say about us on social media."

—Penn State coach Patrick Chambers on the perception of his program

SPACE STATUS

A galaxy far, far away

Luke Skywalker described his home planet thusly: "If there's a bright center to the universe, you're on the planet that it's farthest from." Kind of like what attending a Penn State basketball game feels like.

PAUL M. BANKS IS A REDEYE CONTRIBUTOR. @PAULMBANKS



Jae'Sean Tate
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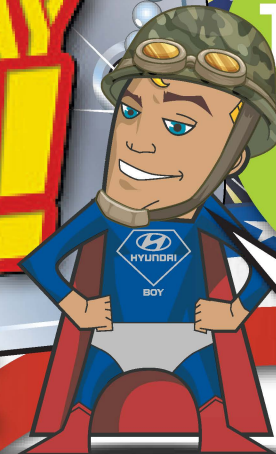
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EYE GOTCHA

Pun of the day goes to Michelle Lopez. Also, anyone with eyes might want to look away from the Bulls.



Rianne Coale
@riannecoale
RedEye reporter



Michelle Lopez
@michellelopez
Mash designer/
digital editor



Katie Gibson
@kagibbles
WGN producer



Clark Jones
@theclarkjones
Stand-up comic



Soxman
@thesoxman72
Caped Sox
crusader

1	Now there's eye poking in the NFL? What are these guys thinking?	At least for the Bears. I'd guess they poke eyes so their opponents can't see how bad they're playing.	Eye think it's just to get an advantage.	Too many "Three Stooges" reruns ..	So the N stands for "n'yuk, n'yuk."	Wise guy, eh? Eye poking is for Stooges. N'yuk, n'yuk, n'yuk.
2	If you had to guess, what exactly is the Bulls' "identity" right now?	They will always be a Chicago classic. That's identity enough, right?	I have no idea, so maybe it's a secret identity.	If I had to guess, I'd say the Bulls are in an identity crisis right now.	Not sure if police are looking, but their defense is suspect.	Don't have a cow. They are about to take their division by the horns.
3	Who really wins when the Cubs and White Sox trade with each other?	No one wins. Pretty sure it's called incestual trading, but I may have just made that up.	My baby, due in December, who will have to be a fan of both teams.	Every other MLB team.	The Cardinals and Royals for the next five years.	Depends on what we're trading. Female Cubs fans are Soxman's kryptonite.
4	How should Cam Newton be punished for ripping down a Green Bay fan's sign?	I'm not a Green Bay fan, so rip away, Cam!	Have Cam play for the Detroit Lions for a week.	Give him a key to the city of Chicago!	Extra days in Green Bay.	How cheesy can you get? He should be punished for his lactose intolerance of Packers fans.
5	Northern Illinois playing football games in the middle of the week is just asking for players and fans to skip out on homework.	... MAC-tastic!	... a midweek MAC attack, baby.	... like a DePaul football game in the middle of July. #unnatural	... assurance a gameday blue flu pandemic will break out among night-class students.



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6 excuses to step inside 3 Arts Club Cafe

By Morgan Olsen | REDEYE

When's the last time you found yourself itching to spend an entire day stuck inside a furniture store? I don't know about you, but I get anxiety just standing in the parking lot at Ikea. And no, Swedish meatballs don't ease that kind of pain. But there's one furniture store I wouldn't mind being trapped in for a weekend, and if the management invited me to stay for a year, I would seriously consider moving in. Inside the 101-year-old Three Arts Club of Chicago building in Gold Coast sits Restoration Hardware's massive new flagship location, Restoration Hardware Gallery.

It's more than a furniture store, though. The 70,000-square-foot, six-floor spectacle is more like a museum than anything else. The furniture, which is arranged in rooms set up to look like an actual home, is the art. Even if you're not in the market for a \$7,000 sofa, the place oozes with inspiration. And when your trip is fueled with prosecco and doughnuts, can anything really go wrong? Answer: No.

Perhaps the crown jewel of the building is 3 Arts Club Cafe (1300 N. Dearborn St. 312-475-9116), boasting a menu from Brendan Sodikoff (the same guy who blessed the earth with Au Cheval, Bavette's and Green Street Smoked Meats, to name a few). There, under a dome of glass and the biggest chandelier I've ever seen, you can sip coffee and munch on Doughnut Vault treats while contemplating what you'd do with an unlimited budget in Restoration Hardware. Or something like that.

The menu goes deeper than morning snacks, offering dishes such as burrata with slow-roasted tomatoes and garlic bread (\$16), grilled cheese with truffle butter (\$12) and a banana split with salted caramel (\$12). Of course, what would a Sodikoff menu be without a burger? The RH burger is topped with American cheese, pickles, onions and

dijonnaise (\$14). If you prefer to drink your calories, cold-pressed juices, lattes, tea service and a wine and beer menu are also available.

Truth be told, I don't know if I've ever been inside a more magical space. Even if the food was mediocre (which it most certainly was not), I would still find a reason to venture back a few times a year. Sometimes, though, you need a bit more encouragement to waltz into a place like Restoration Hardware Gallery and 3 Arts Club Cafe. Especially if you're not buying furniture. Here are six excuses to get your foot in the door.

1. A celebration. Any celebration: Your best friend is turning 30? Someone got engaged? Your sister dumped her terrible boyfriend? Sounds like a good reason to order a bottle of prosecco (\$48) and warm housemade chocolate chip cookies (\$6). Yay for everyone.

2. A meeting. Any meeting: Whether you're trying to impress a client or checking in with your boss, the space alone will drop jaws. With a menu that serves both breakfast and lunch, you'll want to get there early to grab a table and hang out there the rest of the day.

3. Curing a hangover: A heavy dose of sunlight, the babbling sound of a nearby fountain, an iced coffee on draft (\$4) and a side of Hogsalt bacon (\$6) should be able to cure just about anything you did on Saturday night. Dignity not included.

4. Meeting a Tinder date: Perhaps the toughest part of planning to meet up with someone you met online is figuring out where to go. Dinner in the West Loop seems too formal. A dive bar seems too ... divey. Beers and an adventure up to the rooftop space at Restoration Hardware Gallery? Now you're talking.

5. Entertaining Mom and Dad: Your parents have seen the Bean, trekked around Millennium Park and eaten at Lou Malnati's. Don't make them do it again. Moms and dads love brunch, so send them off with daily doughnuts from Doughnut Vault, toast and jam (\$4) and an RH scramble with avocado, creme fraiche and chives (\$8).

6. Caffeine fix: Order a drip coffee (\$2.50), wander around snapping photos of gorgeous furniture in gorgeous rooms, Instagram said photos with clever captions, repeat.



Grilled cheese with truffle butter



Shaved vegetables salad



Chocolate chip cookies

puzzles

1	2				3			9
7		9		6			3	
		8		7		6		2
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2	5	7	3	9	1	4	6	8
6	3	1	5	8	4	2	7	9
4	9	8	6	2	7	5	3	1
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1	8	6	7	3	2	9	4	5
8	4	5	2	7	6	1	9	3
7	1	3	9	4	5	6	8	2
9	6	2	8	1	3	7	5	4

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RAIL	CAND		AVID	
CITE	HIT		RACE	
DEAD	EN		AKES	
	DAM		ESS	
VIRILE		PRAI	SING	
AGONY	MA	UNT	NOM	
SLUG	PETIT		WASA	
EON	GREEN		LINEN	
SODA	POPS		RUDE	ST
	CAR		DUKE	
LEST		ACCID	ENTS	
ONTO		BOARD	EATS	
STAR		LAND	DRIP	
GOES		ELDER		PRY

ACROSS

- 1 Broken-off part of a glacier
5 Juice flavor
10 Clipped...
14 Sore
15 Berth nearest the floor
16 Dubuque, ...
17 Those folks
18 Thinking too highly of
20 Old French coin
21 Was in the red
22 Wash off soapuds
23 One sealer
25 HST's follower
26 Came in second, in a horse race
28 Released, untied
31 Ceremonies
32 More delicious
34 ...nummy; card game
36 Surrounded by
37 Housetops
38 Pull up stakes
39 Affirmative
40 Taste or sight
41 Colorful parrot
42 Hits hard
44 Regret
45 Thin stick
46 Hell's ruler
47 House of snow
50 Overture
51 One of JFK's brothers
54 Indirect
57 Hee-haw
58 Ms. Mulgrew
59 Hera or Iola
60 Get up
61 Toboggan
62 Transparent
63 ...of God; earthquakes, flood, etc.

DOWN

- 1 Cave dwellers
2 Canyon sound
3 Arthritis
4 PE, building
5 Radiated
6 Classic name for a dog
7 Floored

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
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- 8 ...person; apiece
9 Blunder
10 Dallas, Seattle, Chicago, etc.
11 Cut of pork
12 Possesses
13 Leaf of a book
19 Passion
21 Dollar bills
24 ...tea
25 Bucks' mates
26 Say the rosary, for example
27 Citrus fruits
28 Cold cereal name
29 Focused only on oneself
30 Couch
32 Male children
33 ...Angeles, CA
35 Mr. Gingrich
37 Rex or Donna
38 Family member
40 ...for; symbolized
41 Partner
43 Pressed, as clothes
44 Second of two
46 Hollandaise or Tabasco
47 Makes angry
48 Hockey score
49 Early guitar
50 "The ... Ranger"
52 Vane direction
53 Coloring liquids
55 Commercials
56 "Nonsense!"
57 Two-cup item



BRAIN CANDY

- » Velcro was inspired by burrs that stuck to its inventor's trousers and his dog after a walk in the park.
- » When bees are not at their nest, they do not feel the need to defend and are less likely to sting you.
- » Only 10 percent of humans are left-handed. In other species the number is closer to 50 percent.

Are you a U.S. Veteran?
Have you been diagnosed with low back pain?

You may be eligible for a research study examining the effect of morning bright light therapy on your pain, sleep and mood.

- ❖ We are looking for U.S. veterans who are 18-70 years old
- ❖ Study takes 23 days, with a 30 day minimal contact follow up
- ❖ Study involves:
 1. Wearing a wrist monitor, sleeping at home
 2. Four visits to our laboratory where you have a pain assessment
 3. Three nights at home where you collect your saliva
 4. Two weeks where you use bright light boxes for 1 hour each morning (we will visit you at home to set up light boxes)
- ❖ No drugs or invasive procedures like blood draws
- ❖ You will be compensated up to \$825 for your time, and learn if a light box improves your pain, sleep and mood.
- ❖ Free parking in our attached garage.

To get more information or apply for study, please visit
<https://www.surveymonkey.com/s/VeteranLightStudy>

OR call 312 942-1529



STU00080585 / STU00081444
Dr. Apkarian; Dept. of Physiology



Do you suffer from low back pain?

Are you at least 18 years old?

You may be able to participate in a clinical research study that may involve treatment.

Researchers at Northwestern University are trying to understand the brain and what causes back pain.



Call 312-503-6227

if interested and to learn more.



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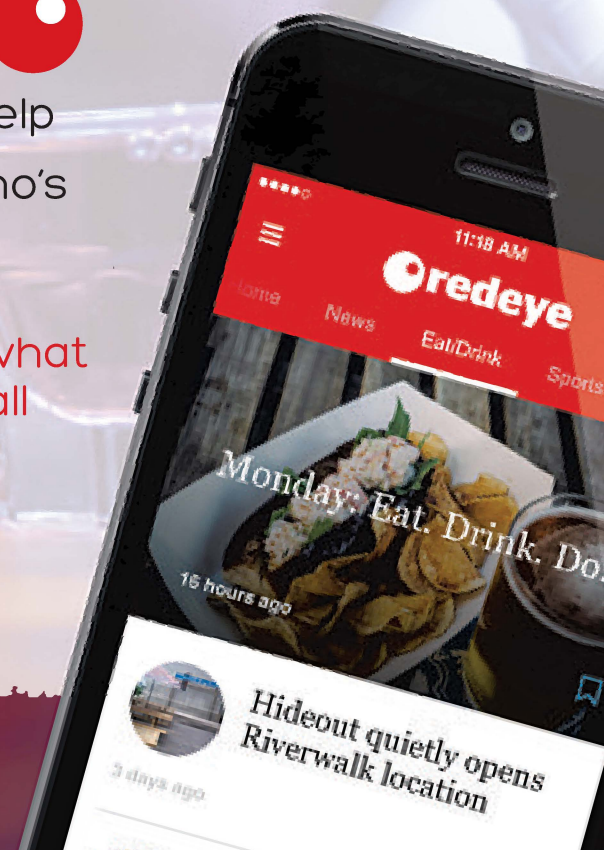
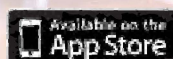
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red hot



THE DIGIT 14

That's about how many days the movie "Jem and the Holograms" was in theaters before Universal pulled it from theaters. It's the first time a wide-release film has been pulled from theaters for underperforming, according to avclub.com. The movie made less than \$2 million in two weeks, and an average of about \$160 per screen in the second week, according to The A.V. Club. It cost \$5 million to make. Welp, if you're going to make a movie in hopes of banking off nostalgia, maybe you need to make it right. Just sayin'.



Ugh, more

"American Horror Story" can't be stopped. The Ryan Murphy-created show is officially coming back for a sixth season, according to vulture.com. "AHS: Hotel," the current season, is the latest in the series' run as FX's highest-rated show. But seriously, how many more seasons can they have? How many heads will Sarah Paulson have next season? THIS IS TOO MUCH.

THE QUOTE

"I dread reading scripts that have no women involved in their creation because inevitably I get to that part where the girl turns to the guy, and she says, 'What do we do now?'" Do you know any woman in any crisis situation who has absolutely no idea what to do?"

—Reese Witherspoon, in her speech at Glamour's Women of the Year Awards, according to glamour.com. Witherspoon later added that female-driven films work. "Films with women at the center are not a public service project, they are a big-time, bottom line-enhancing, money-making commodity." HELL YEAH.



Denny from 'Grey's' to the 'Dead'

"The Walking Dead" has its next villain. Jeffrey Dean Morgan has been tapped to play Negan, a character from the "Walking Dead" comic series, according to thr.com. Morgan's character will appear in the Season 6 finale, sources say, and he will be a series regular throughout the seventh season, THR reported. Spoiler alert: He's one bad bitch.



ANNE CURACK/LA TIMES/FILE

Oh yay

"Twilight" author Stephenie Meyer has been tapped to help develop a new TV show that will play on Hulu and an unnamed U.K. broadcaster, according to variety.com. The show is called "The Rook," but there were no other details available, other than that the series has a strong female protagonist, according to Lionsgate's CEO. We hope it's a love story about chess pieces, and even that would still be better than "Twilight." Probably.

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